

X-O Eye Hand Control

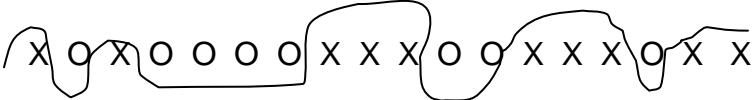
Purpose: Use the visual system to discriminate between two different letters and follow separate directions for getting around them

Materials: Pencil and worksheets

Duration: 2-5 minutes

Technique:

1. The Home Assistant should instruct the patient to complete the worksheets with a pencil held in such a fashion that only the point is touching the paper (no part of the hand is to touch), draw a continuous line over all the X's and under all the O's in each line. An example is drawn below. Use the preferred hand. Be careful to draw the line so it does not touch any of the letters.

Example: 

Level 1:

X	O	X	O	O	O	X	O	X	O
X	X	O	O	O	X	X	X	X	O
O	O	O	O	O	X	X	X	X	O

Level 2:

X	O	X	O	O	O	X	O	X	O	X	X	X	O	O
X	X	O	O	O	X	X	X	X	O	O	O	O	O	O
X	X	X	X	O	O	X	O	X	X	X	O	X	X	O

Level 3:

X	X	X	X	X	O	O	O	O	X	X	O	O	O	X	X	X	O	O	O	X	X	X	O
X	O	O	O	X	X	X	X	O	O	O	X	X	O	O	O	O	O	X	X	X	O	O	O
X	X	X	X	O	O	O	O	X	X	O	O	O	X	X	X	X	X	O	O	O	X	X	X

Note: This activity is a part of an optometric vision therapy program and is expected to be performed by the patient as instructed by their vision therapist.

LEVEL 1

X X X O O O X O O O X O X X X O O
O X X O X O O O X X O O O X X O O
O X X X X O O X X X X X O O O O X
X O X O O O O X X O O X X X X O O
X X X O X X X O O X X X O O O X X
O X O O X X X X O O X O O X O X X
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L E V E L 2

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